

# Camp Alpha

“#Reunited..”

**July 4<sup>th</sup> – July 8<sup>th</sup> ..... “#Reunited”:** Schools out for summer and the children will begin their adventures at camp by getting reacquainted with new and former school age children as they get to know each other through various Speed Friending Games and then in the afternoon they will all participate in Team Building activities. On Tuesday the children will play a game called “5 Little Things” to test their memory and see how well they remember what they learned about the other campers. Then the children will get to view the latest movie which is being screened at the Orion Gate Cineplex Movie Theatre. Wednesday the campers will be busy creating their own unique noise shakers and flags for the Country they would like to see win the “Euro Cup”. In the afternoon the children will cheer on their team as they watch the semi-final Match. On Thursday the children will make Friendship and Team bracelets and then in the afternoon the campers will watch the semi-final Game. The children will end the week getting glammed up for their Photo Booth shots and relax afterwards with some nice warm tea and crumpets. In the afternoon the children will cool down and enjoy splashing in the water at the local splash pad.

**July 11<sup>th</sup> – 15<sup>th</sup> ..... “Euro Cup”:** “Olé, olé, olé” Alpha campers need to be prepared to get loud as the children start the week off making trophies for their favourite Team that won the Euro Cup and in the afternoon they will test their soccer skills out with Alpha’s Soccer Clinic. Tuesday the children will test their endurance as they hike through the forest at Belfountain Conservation Area. On Wednesday the children will challenge themselves during our Euro Cup Relay races and in the afternoon the children will put their skills to the test as they will see how much they know about the Euro Cup with our Euro Cup Jeopardy Challenge. Thursday the children will visit Chinguacousy Park where they will spend the day visiting the splash pad, and testing their putting skills at Mini Golf. On Friday the campers will finish off the week enjoying a healthy Euro Cup Breakfast and in the afternoon the children will get refreshed at the local splash pad.

**July 18<sup>th</sup> – 22<sup>nd</sup> ..... “Build it Up!”:** “Can Alpha fix it? Yes, we can.” The camp builders will begin this week participating in an activity that will help boost the campers’ self-esteem as they participate in “The Good Stuff” Game where they will share good characteristics about each other. Then in the afternoon they will go on a nature walk at the local park collecting various nature items for them to use later in the week. Tuesday the children will put their chef skills to the test as they prepare to create and build their own pizza for lunch and in the afternoon the children will venture off to Legoland and construct their own Lego structures. On Wednesday the campers will build their own house and use the natural materials they collected to construct a house. In the afternoon they will transform into interior designers as they decorate their houses. Thursday the children will become one with nature as they visit the Humber Arboretum and learn about how to make our planet Healthy and live a healthy life and in the afternoon they will learn about Urban Greenspaces. On Friday the children will end the week getting physical in the Cup Stack & Hula Race. Then they will relax with a cup of tea and in the afternoon cool down at the local splash pad.

**July 25<sup>th</sup> – 29<sup>th</sup> ..... “Alpha’s SportsNation”:** The campers will prepare themselves for the week as they start the week off rejuvenating and energizing themselves by learning some basic Yoga and then in the afternoon test their endurance skills by competing in a Bocce (lawn bowling) Competition. Tuesday the children will participate in a Baseball game at the local park and in the afternoon they will design their own Blue Jay posters for the BIG Game. On Wednesday the children will raise their voices and get loud as they cheer on the Blue Jays who will play against the San Diego Padres. The children will slide into Thursday as the children will test their agility and strength as they compete in Alpha’s Obstacle Course and then in the afternoon the children will push their physical fitness to the limit as they participate in our Gym Challenge. The campers will end the week off playing in a Soccer Tournament at the local park and then cooling off at the local splash pad.

**Aug. 1<sup>st</sup> ..... Aug. 5<sup>th</sup> “Wild Things”:** Monday August 1<sup>st</sup>, 2016 is the CIVIC HOLIDAY and the centre will be CLOSED. “Oh, oobee doo, I wanna be like you, I wanna walk like you, talk like you, too”. The campers will begin the week putting their acting skills to the test as they get in touch with their inner animal and participate in a game of “Animal Charades”. Then after lunch the children will create their own animal mask. On Wednesday the campers will practice their dramatic skills with the assistance of our guest speaker, “Improv Acting” Workshop and then in the afternoon the children will do their best Animal Impressions as they compete in our Animal Races and Animal Sound Bingo. Thursday the campers will take a trip on our Jungle bus as they venture off to the African Lion Safari. Once they return from their Safari Adventure they will do some fun animal face painting. The children will finish off the wild week putting their artistic talents to the test as they paint their favourite jungle animals and play “Animal Stomp” and after lunch the campers will take a walk on the wild side to the rain shower at the local splash pad.

**August 7<sup>th</sup> – 12<sup>th</sup> ..... “Aqua Week”:** Campers let’s get wet and wild. The children will start the week on Monday by displaying their creative side as they do some Kool-Aid art and compete in a Water Balloon Toss Contest to see who will stay dry the longest. In the afternoon they will test themselves to see how well they know the different types of drinking water as they participate in a water taste test. On Tuesday they will venture off to the shark tank as they visit Ripley’s Aquarium in Toronto. Then on Wednesday the children will tie dye T-shirts and material. In the afternoon the campers will show off their artistic talents by creating Underwater Art and participate in a fast paced squirt bottle water challenge. Thursday the campers will create their own Sidewalk Art designs on the playground and then in the afternoon test their physical endurance with a fun Water Sponge Relay Race to see who will get wet first. The children end the week participating in a fun game of “Octopus Tag” and afterwards the campers will enjoy splishing and splashing at the local splash pad.

**August 15<sup>th</sup> – 19<sup>th</sup>..... “Nature Olympics”:** The children will get in touch with their nature side as they start the week off on Monday by going on a nature walk to the local park to collect some cool and interesting natural items and then in the afternoon the children will create their own nature collage or picture. Then on Tuesday the campers will go on a trip to Rattlesnake Point Conservation Area where they will go on an adventurous nature trail and explore the great unknown. Wednesday the children will create their own animal habitat and then after lunch design their own Junk Art Masterpiece. On Thursday the children will venture off into the woods as they continue to investigate the Belfountain Conservation Area for any cool discoveries. The children will end the week on Friday tasting a variety of delicious foods as they enjoy having a Pot Luck Lunch and in the afternoon campers will relax and cool off at the local splash pad.

**August 22<sup>nd</sup> – 26<sup>th</sup> ..... “Alpha’s Hunger Games”:** The campers will begin the week on Monday creating their favourite food collage and then preparing their own green eggs and ham lunch. In the afternoon the children will have their very own “Cookie Bake Off” Challenge. On Tuesday the campers at the Springdale location (A1) will be putting their culinary skills to the test as they visit Fortinos for a cooking workshop where they will prepare their own lunch and the Cathedral location (A2) will visit the Superstore for a cooking workshop where they will prepare their own lunch. Wednesday the chefs will divide into groups as they bake a cake for their “CAKE BOX CHALLENGE” and then in the afternoon the chefs will decorate their cakes to see whose cake the BOSS will choose. Thursday the chefs will learn to get in touch with their inner child as they “Learn to play with their Food” workshop. Then in the afternoon the campers will participate in our “Fear Factor Challenge”. The Children will end the week on Friday making their own chocolate chip pancake breakfast and then after lunch they will create “Alpha’s Longest Banana Split Sundae” for dessert. In the afternoon the campers will get a chance to unwind and get wet at the local splash pad.

**August 29<sup>th</sup> – September 2<sup>nd</sup> ..... “#Summertime Sadness”:** As the Summer comes to an end. The campers will get a chance on Monday to create some memorable memories by creating a photo collage and then in the afternoon the children will play a fun game of a “Minute to Win It”. On Tuesday the children will get a chance to become Mad Scientists as they visit the Ontario Science Centre. Wednesday the campers will go bowling at Brunswick Lanes and then in the afternoon they will participate in a messy game of “Paint Tag”. On Thursday the children will let their creativity shine as they help make props for the “Summer End of the Year Luau Dance Party”. In the afternoon the campers will relax at the local splash pad. Friday the children will end the last day of camp in style with a delicious Pizza lunch and in the afternoon they will put on their own D.J. Luau Dance Party.