

# March/April Newsletter 2017

## Word From the Office

The spring season is just around the corner and mother nature has been pretty generous again this year with a few ice storms and some snow storms.

March Break is just a couple of weeks away and our spots are filling up quickly. If you have not registered yet please speak to Camila your Camp Leader for more information or please see me in the office for further details. If we do not hear from you Alpha will automatically assume you will not be attending and the spots will be filled with clients from our waitlist. Alpha ensures our camp week is filled with lots of fun and exciting activities for the children to enjoy themselves during their week out of school.

Friday March 17<sup>th</sup> please dress your children up in

orange or green clothing to celebrate St. Patrick's day.

March 20<sup>th</sup> -  
March 24<sup>th</sup> is Parent

Appreciation Week. Be on the look out for special gifts and little tokens of appreciation that the educators and children will be providing for you.

Monday March 20<sup>th</sup> Parent Survey's will be distributed and due back to Patricia on March 31<sup>st</sup>. On Friday, we will also have a continental breakfast in our staff room, so don't forget to stop in and grab a quick bite before you head off to work.

March 30<sup>th</sup>, will be picture day, by "Picture This Image". Sandra and Ana will be arriving at 8:30am and setting up their backdrop and begin



taking photos at 9am sharp. Please have your child dressed and ready

for their picture to be taken and inform your child's educator if you would like them to change their clothes after the photos have been taken. 10% of the photos ordered will be donated to Alpha to help purchase materials for the centre.

We received a Thank you letter from Operation Christmas Child and all the shoe boxes were sent to children in Senegal and Costa Rica. Together we collected 67 boxes and ensured 67 children had a happy Christmas.

On April 7<sup>th</sup> I will be participating in the

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## Dates To Remember

Mar 13 - 17 - March Break Camp for School Ageds

Mar 17<sup>th</sup> - Happy St. Patrick's Day (Green and Orange Day)

Mar 20<sup>th</sup> - First Day of Spring & Parent Surveys go home to you

Mar 20 - 24 - Parent Appreciation Week

Mar 23<sup>rd</sup> - PAC Meeting 6:30pm - 7:30pm

Mar 30<sup>th</sup> - Picture Day 9am sharp

Mar 31<sup>st</sup> - Parent Survey's Due Back

Apr 7<sup>th</sup> - CAMH (One Brave Night - Darkness to Light) Mental Health Awareness

Apr 11<sup>th</sup> - Easter Luncheon at 11:30am

April 14<sup>th</sup> - Good Friday Alpha Closed

Apr 17<sup>th</sup> - Easter Monday- PA Day Public and Catholic School Boards (Trip TBA)

Apr 21 - Alpha's Annual Pot Luck Dinner at 6:15pm - 7:30pm

Apr 21<sup>st</sup> - Hop-A-Thon fundraiser

Apr 22<sup>nd</sup> - Earth Day

## Junior Toddler

Hello Alpha Families! Welcome to the months of March/April. The Toddler classroom would like to take this time to welcome Imari and his family to our Jr. Toddler classroom and to the Alpha family.

We were very busy in the months of January and February as our Toddlers have continued working on the goals such as putting their jackets on using the "flip-flop-over-head" method and putting on and taking off their shoes with assistance from the educators. We are also practicing two primary colours which are blue and yellow by providing different materials throughout the classroom and also during our morning interactive circles that we have as a group.

The toddler classroom would like

to give you information on St. Patrick's Day also known as St. Paddy's day.

Every year on March 17<sup>th</sup>, the Irish and the Irish-at-heart across the globe celebrate Saint Patrick's Day. What began as a religious feast day for the patron saint of Ireland has become an international festival celebrating Irish culture with parades, dancing, special foods, and a whole lot of green. St. Patrick's Day is a public holiday in the republic of Ireland, and the Canadian province of Newfoundland and Labrador. It is widely celebrated by the Irish around the world as well, especially in Great Britain, the United

States, Argentina, Australia, and New Zealand.



"For each petal on the shamrock this brings a wish your way. Good health, good luck, and happiness for today and everyday".

Thank you once again to all the Alpha Families and do not forget to wear green on this date, March 17<sup>th</sup>!

Until next time, do not forget that our doors are always open to all the parents.

*The Toddler Classroom,  
educators Prabhjot and Nancy*



## Faye's Kitchen

The Region of Peel has formed a Menu Planning Resource Advisory Committee and I sit on this committee. This committee includes Day Care Supervisors, Owners, Registered Dietitians, Peel Public Health Inspectors and Cooks from other day care centres. Our official name is Menus & Nutrition for Child Health (MNCH). The purpose of this committee is to support healthy eating environments for children within child care settings.

Alpha already provides a

nutritious menu that has been approved and verified by a Registered Dietitian ensuring the children are eating healthy meals throughout the day and we also follow the Canada Food Guide. I have also renewed the Food Handlers Course and it is valid until 2022, but Alpha ensures both cooks and sub cooks renew this course every three years to maintain their high expectations and to keep up to

date with any changes to the food guidelines. Marie has also taken the course as she often covers for me when I am away from the kitchen and Patricia the Supervisor also has her certificate to ensure Alpha Child Care Ltd is up to par with the rules and regulations within the Peel Public Health department.

Here is a recipe I think your children will enjoy, compliments from the MNCH.

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## Word From the Office cont'd

(Continued from page 1)

CAMH One Brave Night for Mental Illness challenge. This is a Canada wide challenge to inspire hope for Canadians living with mental illness. With your donations you are helping CAMH improve access to care, conduct research to find better treatments and build more spaces for healing. If you would like to make a donation, please see Patricia in the office

Tuesday April 11<sup>th</sup>, Alpha will be having their Annual Easter Luncheon in the large School Age room. All the children and educators will be eating together and Faye will be busy preparing a fabulous ham lunch for all of us to enjoy with scallop potatoes and a



vegetarian dish for those with food restrictions. Alpha will be closed on April 14<sup>th</sup> for Good Friday and will return to regular operating hours on Monday April 17<sup>th</sup> (Easter Monday). This day is also a PA Day for both school boards and stay tuned for the announcement of the upcoming day trip. Please also inform Patricia if your child will not be attending or Alpha will automatically assume you will be attending and charge the appropriate fees.

Thursday April 20<sup>th</sup>, Alpha will be hosting their annual Pot Luck Dinner at 6:15pm in the School Age Classroom. Please look out

for class lists as to what you will be bringing and how many will be

attending. Each classroom will be responsible to provide the following dish; **Jr. Toddlers:** Salads and Appetizers, **Sr./Int. Toddlers and School Aged:** Desserts and Preschool/ **Kindergarten:** Entrees. You are more than welcome to bring any dish that you would like, this is just to ensure we have an even mixture of food choices. We hope to see you all there as this is another event to meet families and get to know your child's educators and most of all to enjoy a fun and relaxing evening with the Alpha family.

Until next time, my door is always open.

**Patricia Andrade RECE**  
Supervisor  
patriciaa@alphachildcare.ca

## Faye's Kitchen cont'd

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### Homemade Granola Bars

- 1  $\frac{1}{4}$  cup whole grain quick oats
- $\frac{1}{4}$  cup unsalted butter
- $\frac{1}{4}$  cup creamed honey
- $\frac{1}{4}$  cup packed brown sugar
- $\frac{3}{4}$  cup brown rice krispies
- $\frac{3}{4}$  cup chopped pretzels
- 2 tbs flax seeds

Heat a large non-stick frying pan over medium-high heat. Add the oats, stirring often until

browned (approx.. 5 mins) and set aside.

Stir the butter, honey and brown sugar in a large saucepan set over medium-high heat. Bring to a boil, stirring until sugar dissolves. Remove from heat and stir in oats, rice krispies, chopped pretzels and flax seeds until combined. Scrape into greased (or parchment lined) 8x8 baking dish. Smooth top. Refrigerate until form (approx.. 30 mins). Cut into

bars. Let stand at room temperature 5 minutes prior to serving. Keeps well, refrigerated in a re-sealable plastic bag up to 1 week.

Makes 16 bars (2"x2" squares) and this is a great source of fibre!!!!

If you have any questions please come visit me in the kitchen!

**Faye Grooms, Alpha's Chef**

# Intermediate Toddlers

Welcome to the month of March and April. I hope everyone enjoyed Valentine's and Family Day with their families. Here at Alpha the children had so much fun delivering cards and enjoy delicious treats. In the month of March the Intermediate Toddler room will become a Junior Preschool room. This month we will continue the children's potty training skills. Here are some ideas that we received from a workshop, for the parents to know when and how to successfully train your child.



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- When your children are dry when you change them.
- They are willing to go to the toilet by themselves to attempt to use it.
- Your children tell you when they urinate before and after.
- Make it fun.
- Sing songs while sitting on the toilet.
- Read books relating to toilet training.
- Take your child to the toilet every 20- 30 minutes.
- Be very excited when they go pee on the toilet.
- Talk to your child about every step...

- 1 Lets go sit on the toilet.
- 2 Lets pull down your pant.
- 3 Lets take off your pull-ups.
- 4 Help your child onto the toilet. (have a foot stool for your child

to climb up to the toilet)

- Increase the amount of time you sit gradually, once your child starts urinating on the toilet the time will decrease. Have your child be independent and pull up their own pants. Once you have started toilet training, put your child in underwear. Use pull-ups only at sleep time. As children become confused when they have underwear on and then pull-ups. They will often have accidents because they never know if they are in underwear or pull-ups.

Toilet training may take a while for some children and accidents may occur. Please send 4-5 pair of underwear, socks, pants and 1-2 extra pair of shoes with your child. This will ensure that the children remain comfortable for the day, when accidents do happen.

Easter is a wonderful time of yummy treats and enjoyable activities. Here are some fun recipes you can enjoy with your children. For more information you can go to [www.food.com](http://www.food.com)

## Ingredients Nutrition

Yield 8 chicks Units US

- 8 [extra-large eggs](#), hard-boiled
- $\frac{1}{2}$  cup heavy [mayonnaise](#)
- $\frac{1}{8}$  teaspoon [garlic powder](#)
- $\frac{1}{4}$  teaspoon [prepared mustard](#) (table)
- $\frac{1}{4}$  teaspoon [salt](#)
- $\frac{1}{8}$  teaspoon [fresh coarse ground black pepper](#) (optional)

- 4 pimento stuffed olives, slice each into 4 slices
- 16 slices [red bell peppers](#), tiny triangles, can sub carrots

## Directions

1. Place eggs in saucepan of cold water.
2. Bring to a boil over med-high heat, **STIRRING GENTLY AND CONSTANTLY**, \*this keeps the yolks in the center.
3. Boil and gently stir for 2 minutes.
4. Place on tight fitting lid and turn off heat.
5. Let sit for 25 minutes.
6. Carefully put eggs into bowl of ice water. Let sit for 5-10 minutes.
7. Carefully peel eggs. \*This is easy if eggs are older.
8. Rinse with cold water, place on paper towel.
9. Slice thin slice off bottom of each egg, \*this will ensure they stand up later.
10. With a paring knife, cut the top third of egg off in a zig-zag pattern. **CAREFULLY** remove tops.
11. **CAREFULLY** scoop out yolks. \*Take your time doing this, you may need to use your paring knife to break up yolks inside to get them out.
12. Place yolks in mixing bowl, mash **WELL** with fork.
13. Stir in rest of the ingredients except olives and peppers.
14. Overfill bottom egg white "shell" with filling, place top

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# Intermediate Toddlers cont'd

(Continued from page 4)

"shell" on carefully pressing very gently.

15. Place on olive slices for "eyes", pressing them into the filling gently.

16. Push 2

triangles of red pepper into filling to make

beak.

\*\*\*\*\*You may want to boil a few extra eggs

for this, in case some of them don't peel well or get wrecked, it happens. Also so that you will have plenty of filling, too! If you boil extra eggs and add the yolks to the filling, just add a bit more of the ingredients to compensate, it'll be fine!

## Easter Egg Nest Treats

### Ingredients Nutrition

Servings 16 Units US

- 1/4 teaspoon [water](#)
- 2 -4 drops green food coloring
- 1/2 cup [flaked coconut](#)
- 3 tablespoons [butter](#) or 3 tablespoons [margarine](#)
- 4 cups [miniature marshmallows](#)
- 6 cups Rice Krispies
- [miniature marshmallow](#)
- [jelly beans](#)
- chocolate egg

### Directions

1. In small bowl stir together

water and green food coloring.

Add coconut. Stir until coconut is tinted. Spread on baking sheet to dry.

2. In large saucepan melt butter over low heat. Add marshmallows and stir until completely melted. Remove from heat.

3. Add cereal. Stir until well coated.

4. Divide warm mixture into sixteen 2 1/2-inch muffin-pan cups coated with cooking spray. Shape mixture into individual cups. Cool. Remove from pans.

5. Fill cooled nests with coconut, marshmallows, jelly beans or chocolate eggs. Best if served the same day.



6. MICROWAVE DIRECTIONS: Follow step 1 above. In microwave-safe bowl heat butter and marshmallows on HIGH for 3 minutes, stirring after 2 minutes. Stir until smooth. Follow steps 3 thru 5 above. Microwave cooking times may vary.

Note: For best results, use fresh marshmallows. Store no more than two days at room temperature in airtight container. To freeze unfilled cups, place in single layer on wax paper in airtight container. Freeze for up to 6 weeks. Let stand at room

temperature for 15 minutes before filling.

## Nutter Better Cookies

### Ingredients Nutrition

Servings 16 Yield 16 Easter Chicks Units US

- 16 Nutter Butter sandwich cookies
- 12 ounces yellow candy melts or 12 ounces white chocolate candy melts, with
- yellow food coloring (must be an oil-based coloring)
- 8 orange Tic Tac mints (beak)
- black decorating gel (eyes) or icing (eyes)
- wax paper

### Directions

1. Cut the Tic Tacs in half to form the chick's beak. Set aside.
2. Melt the candy coating as directed on the package. I use the microwave. If using white candy melts, add enough yellow food coloring to get a bright yellow tint.
3. Dip the Nutter Butter cookies in the melted candy coating, shake off the excess, then lay on the wax paper. Allow the coating to harden, about 10-20 minutes.
4. Pipe eyes on each chick. Add eyebrows or eye lashes if you like

-- I think it gives them more personality.

Beak: Attach the beak using a bit of melted candy coating.



*Kulvinder and the Intermediate Toddlers*

## Preschool

Hello spring! We welcome this season in the Preschool room with our new writing skills! In our class we are increasing our fine motor skills by learning how to point, scribble and trace lowercase letters

with the Handwriting Without Tears program. The Handwriting Without Tears Program models essential foundation skills prior to paper and pencil, including readiness, directionality, positional concepts, and correct pencil grip. We will move, sing, talk and experience each lesson.

With Spring comes Flowers and with Flowers entail Planting! Here are a few tips to get you "Spring Planting" Ready....

I'm ready for flip-flop,  
warmer weather,  
sunshine,  
blooming flowers,  
bird singing,  
and green grass!



1. Don't just focus on flowers
2. Every plant has something to offer. What is the plant also offering? A blue or gray shade of green? Or how about a pairing of bold leaves with very tiny, delicate ones?
3. Captivate with a single colour.
4. A current trend is repeating a color within beds, in containers and arrangements.
5. Try creative combinations.
6. Creative manifestations using herbs and veggies treated as foliage. Ornamental vegetables and herbs add a lot of color and texture. More texture is better, It helps

- highlight other flowers. For example, if you have a small leafed plant next to a big leaf, you can mentally see it better.
7. Use popular colours.
8. Bright colors are very present in gardens right now. Like oranges, buffs, and tan colors.
9. Grow plants that flower at night.
10. People spend more time at home entertaining and the garden should be as enjoyable in the evening as it can be in the daytime. A few plants that garden at night include: *Datura meteloides* 'Devil's Trumpet'; and *Ipomoea alba* 'Moonflower'

Until next time *Chrissy RECE, Jennifer RECE, Sandeep RECE*

## Senior Toddlers

You may have noticed our empty classroom, if you have ventured down the hallway lately. We have moved into the Intermediate Toddler Room, with Kulvinder, across the hall from the washroom.

'Spring has sprung, the grass has riz, I wonder where the flowers is.' I don't know if this saying dates me or not, but I have been using it for MANY years! Since all three groundhogs, Whiarton Willie, Punxsutawney Phil, and

Shubenacadie Sam, are predicting an early spring, we are hoping that the daffodils and tulips will start growing soon, and the robins will return to our area again. Spring is a wonderful time of the year; we see the neighbourhood rabbits with their new baby bunnies, and we will hear the new baby birds chirping in their nests, as well.

It is also time for Spring cleaning- just in time for



Earth Day, which occurs every April 22nd. Reduce, reuse and recycle. I don't know about your house, but mine seems to get more cluttered throughout the winter, and by Earth Day, I am looking for places to donate valuable junk. The community recycle centre on Chrysler Drive accepts old paint cans, tires, electronics, large and small appliances, carpeting, and scrap wood. The Long Term Care Centre in our neighbourhood

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## School Age

Hello to all our Alpha families and welcome to the months of March & April!

During the months of January and February the School Age children were very engaged in building in the block area as a team. They are also very excited for the months approaching as the weather is beginning to change. The day is getting longer by getting darker later! Spring is coming and we are all very excited for that.

### March Break Extravaganza



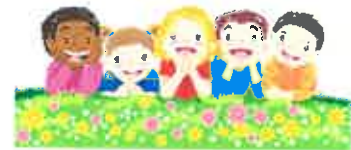
March is a month I look forward too with the children as we have prepared a full week of fun and entertainment for the kids during March Break from March 13-

March 17, 2017. The week will consist of many fun activities and we will welcome some new faces to our group. Please do not hesitate to see myself or Patricia if you have any questions about the break. A calendar will be provided for you with all our events that are happening that week.



As they would say for the month of April, April showers bring May flowers! As we say goodbye to old man winter and welcome warmer weather please do keep in mind the changes in weather that may occur, meaning the children still need to dress appropriately for the spring weather. This includes a light or rain jacket that will be comfortable with the

temperature, a hat, splash pants, as they might still get wet, rain boots and extra clothing as sometimes they may get wet walking to and from school back to Alpha. The children may also need extra clothing in case they are engaged in a fun activity in the classroom or just for emergencies.



With that being said have a great March and April! We will keep you posted on the upcoming events that Alpha has coming for the month of May and June!

Until next time.

*Camila and the School Age Classroom.*

## Senior Toddlers cont'd

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willingly accepts old magazines or large print books; the residents also love having visitors, so why not bake some cookies or cupcakes to take for your visit. Alpha is always willing to take old, gently used toys, books, wrapping paper and cards, etc., for doing creative projects. We also can use your

plastic bags to send home wet or dirty clothing. You can also donate children's clothing, as well! Adult clothing and shoes can be sent to the Salvation Army, or Talize, as well as working small appliances, and dishes.

In keeping with Earth Day, you can also instill a love of our planet

to your children by teaching them how to save it. Use reusable bags for grocery shopping, rather than paying for plastic bags that clog our landfills. Plant trees in your park, or plant some milkweed in your garden to help save the monarch butterflies from extinction. Sadly, they are on the endangered species list. Buy some

## A Moment With the Manager

Effective January 1, 2017 the new regulation on sleep/rest routine came into effect. So I thought I would take this time to address this new regulation to keep you informed of the changes.

"Alpha's responsibility to keep parents/guardians up to date on Alpha's sleep

maximum of two hours. Those children who have rested on their beds but have not fallen asleep will be given quiet activities to engage with either on their beds or they will be invited to partake in the activities that have been set out at the tables. For

those children who have fallen asleep the educators will be performing a direct visual check of each sleeping child in their classroom, by being physically present beside the child while the child is sleeping and looking for indicators of distress or unusual behaviour. Any significant changes in your child's sleeping patterns or behaviours during sleep time will be documented in the message book and then communicated to you at pick up time. Any changes required by you to the manner that your child is supervised or positioned will also be recorded in the daily log book and will be put into place as soon as possible provided the requests are cohesive to the Joint Statement on Safe Sleep: Preventing Infant Deaths in Canada and group care offered by Alpha Child Care. In addition to this every half hour an educator will go around and physical place their hand on the back of your sleeping child to check for indicators of distress or unusual behaviours. The educator that makes the physical check will then sign the sleep room inspection form/number ratio form indicating that they have completed the

check.

For the children in the infant program the procedure is a little different but still encompasses all the above procedures throughout sleep. The Child Care and Early Years Act 2014 31.1 (1) states that every child younger than 12 months who receives child care at a child care centre is placed for sleep in a manner consistent with the recommendations set out in the "Joint Statement on Safe Sleep: Preventing Sudden Infant Deaths in Canada." Unless a child's physician recommends otherwise in writing, infant diapers will be changed just before being put into their individual crib and their shoes need to be taken off and put in the designated area. Infants will be placed in the crib (on their backs if they have not mastered rolling from their backs to their stomach or sides which is accordance with the Joint Statement on Safe Sleep) and then parental directions are followed provided they fall within Alpha's philosophy. These directions will be posted above each infants crib along with their name. This will ensure that all educators working in the infant program are aware of how your child likes to go to sleep. During rest time, an educator needs to do a visual and physical safety check every 15 minutes if a child is in the infant sleep room. This needs to be recorded on the Infant Daily Sleep Room

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In accordance with the Child Care and Early Years Act Ontario Regulation 137/15 33.1 (2) (c) (i) and in conjunction with Alpha Child Care Ltd policies and procedures it is Alpha's responsibility to keep parents/guardians up to date on Alpha's sleep time routine. If your child is a toddler or preschooler (infants will be provided with a crib) they will be provided with a cot with their name on it and it will be equipped with a sheet for your child to have a quiet break from the busy classroom routine, following the lunchtime meal. We ask that you the parent/guardian provide your child with a light blanket for the educators to cover your child up with. (Unfortunately, due to health and safety reasons Alpha is unable to give your child a bottle or soother while on their beds). The children will be encouraged to calm their body on their cot through the help of the educators in the classroom by rubbing your child's back, soft music playing and the blinds pulled down to create a calm atmosphere for your child to successfully relax their bodies. If your child falls asleep they will be allowed to sleep up to a



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Brampton, Ontario  
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We're on the web visit;  
[www.alphachildcare.ca](http://www.alphachildcare.ca)

## Senior Toddlers cont'd

small gardening gloves from Dollarama, for your children to wear, then go with them to pick up garbage on your street, or in your local park. You can also plant a vegetable garden in your yard. You and your child can help save our Earth one act at a time.

The young boy replied, "throwing starfish back into the ocean. The surf is up and the tide is going out. If I don't throw them back, they will die."

The man laughed to himself, and said, "don't you realize there are miles of beach, and hundreds of starfish? You aren't going to make a difference." After listening politely, the boy bent down, picked up another starfish, and threw it into the surf, then smiling at the man, he said, "I made a difference to that one."

This reminds me of a story

I heard many years ago, by Loren Eisley:  
'One day a man was walking along a beach when he noticed a young boy hurriedly picking up and throwing things into the ocean. Approaching the boy, he said, "young man, what are you doing?"



You can help save our world, one piece of junk at a time!

Until next time, keep smiling- we do!  
*Marie and the Senior Toddlers*

## A Moment With the Manager

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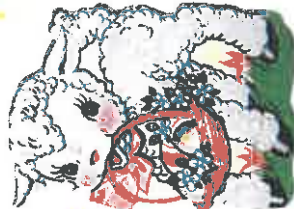




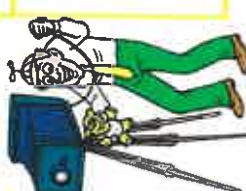
Monitoring Form that is posted on the sleep room door. These forms are kept in the classroom in a binder. When there are 3 to 5 children asleep in the infant sleep room, a minimum of 1 educator will be in sleep room with the children. If there are 6 to 10 children sleeping in sleep room a minimum of 2 educators will be in the sleep room. The third educator is then automatically the designated person to do the safety checks every 15 minutes and document this on the Infant Sleep Room Monitoring Form. When 1 or 2 children are sleeping in the sleep room the blind on the playroom window must be open in order for the educators to have a clear view of the sleep room and an educator will check the children every 15 minutes and

document on the Sleep room Monitoring Form the times the checks were completed. Any significant changes in the children's sleeping patterns or behaviours during sleep will be noted in the message book and will be verbally communicated to the parents at pick up time as well as documented on the child's daily information form. To create a sleeping atmosphere, all who enter the sleep room must whisper. Quiet music maybe played from the tablet, CD player or ipod. The electronic sleep monitor is on at all times when a child is in sleep room. This monitor will be checked daily to ensure that it is in working order. Batteries to the device will be changed every six months or when necessary. Documentation that this has been completed will be recorded

in the message book. **Monitoring devices are never used as a replacement for the direct visual checks.** Infants should not have anything other than a light blanket in the crib with them as this could cause suffocation. Times that an infant goes to sleep and wakes up will be posted on the sleep room chart beside each of the children's names which is posted on the sleep room door. This also indicates which children are in sleep room. A flash light will be stationed in the sleep room to ensure there is sufficient light in the sleeping area or room to conduct direct visual checks.

Until next time, my door is always open  
*Mary Soundy*  
*RECE, B.A.*  
*marys@alphachildcare.ca*  
*905-458-4884*

# MARCH 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
5 	6 Happy B'Day Nahum	7 Happy B'Day Nahum	8 Happy B'Day Sandeep	9 PAC Meeting 6:30 -7:30	10 	11 
12 Daylight- Saving Time Begins 	13 Menu #1	14 Happy B'Day Patricia	15 Happy B'Day Sandeep	16 Happy B'Day Abby	17  St. Patrick's Day	18 Happy B'Day Aubrae
19 	20 Happy B'Day Ayrton	21 Happy B'Day Norah	22 Parent Survey handed Out	23 Happy B'Day Abby	24 Parent Survey Due Back	25 Parent Survey Due Back
26 Fees are Due Menu #4	27 Fees are Due Menu #3	28  CHEESE!	29 	30 Jennifer's 2nd Anniversary with Alpha PICTURE DAY 9am	31 Parent Survey Due Back	

