

# September/October 2019 Newsletter



## Word From the Office

Welcome to all of our new families who are joining us or have joined us over the summer months. I know working together as a team, we will be able to provide the best quality program possible. If you have any questions or concerns please feel free to approach me at any time.

Alpha believes in learning outdoors therefore all of

the children spend one hour in the morning and one hour in the afternoon outside in our fenced in playground. It is important that the children have appropriate clothing in order to enjoy and participate in the activities set up for them. For the fall weather the children will need a pair of puddle boots, splash pants, a jacket preferably with a hood or a warm hat and gloves as the weather becomes cooler

towards October time. Please be sure to label each piece of clothing with your child's name and/or initials to ensure that all clothing are placed in the proper cubbies.

Below I have listed our educators and what team they will be working with starting in September:

Alpha strives to keep  
*(Continued on page 2)*

**Meet our Educators:**  
Supervisor  
Assistant Supervisor

Patricia Andrade RECE  
Alicia Emond RECE

Junior Toddlers:

Samini Gunratnarajah RECE  
Manpreet Bahra RECE

Sr. Toddlers:

Kulvinder Singh RECE

Intermediate Toddlers

Gagandeep Kaur RECE

Senior Preschool:

Prabhjot Kaur RECE  
Samantha Smolsky RECE  
Harman Joshila RECE

School Age:

Alicia Emond RECE  
Sydney Pereira RECE

Program Float:  
Program Float:

Nancy Burgos  
Jennifer Arruda

Cook:  
Custodian:  
Owner/Operator  
Manager of Operations  
Office Manager

Melissa Attard  
Georgia Douglas  
Greg Humpheys, B.A.  
Mary Soundy RECE, B.A.  
Carol Young



## Dates To Remember

**Mon Sept 2<sup>nd</sup>** – Labour Day (Alpha Closed)

**Tues Sept 3<sup>rd</sup>** – First Day of School

**Fri Sept 13<sup>th</sup>** - PA Day Catholic School Board ONLY Trip TBA

**Mon Sept 16<sup>th</sup>** – Winter Menu begins starting with Menu 1

**Thurs Sept 19<sup>th</sup>** – Alpha's Annual Corn Roast 4:30 – 6:30

**Tues Sept 23<sup>rd</sup>** – [PA Day Public School Board ONLY Trip TBA](#)

**Sun Oct 6<sup>th</sup>** – CIBC Run for the Cure at the Powerade Centre

**Wed Oct 9<sup>th</sup>** - Thanksgiving Luncheon at 11:30

**Thurs Oct 10<sup>th</sup>** – Picture Day

**Fri Oct 11<sup>th</sup>** – PA Day Public and Catholic Boards Trip TBA

**Mon Oct 14<sup>th</sup>** – Happy Thanksgiving (Alpha Closed)

**Thurs Oct 17<sup>th</sup>** – PAC Meeting 6:30pm – 7:30pm

**Sun Oct 27<sup>th</sup>** – Happy Diwali

**Thurs Oct 31<sup>st</sup>** – Hallowe'en Day

## Word From the Office cont'd

(Continued from page 1)

educators consistent with the children and we will be seeing a few new faces as we have hired new supply educators to help relieve educators for some well deserved time off. Jennifer Nikolaou has been promoted to Supervisor and will be transferring to the Springdale location effective September 9<sup>th</sup>, 2019. With Jennifer's transfer to A1, Alicia Emond has been promoted to Assistant Supervisor and will work alongside Patricia at the Cathedral location.

Alicia will work in the School Age program and manage the office when Patricia is out of the office.

We are confident in our team and look forward to working with all of you!

Until next time my door is always open.

**Patricia Andrade RECE**  
Supervisor



## Patricia Andrade

My name is Patricia Andrade and I am the Supervisor at Alpha Child Care Ltd. I earned my ECE diploma in 1999 from Sheridan College. I completed my last field placement at the Peter Robertson location in the Infant Room and was offered a supply position over the summer months. In September of 1999, my journey began at the Peter Robertson location working full time in the Infant classroom.

Alpha has given me many opportunities to grow and develop as I have advanced from a student, supply staff, lead educator, Assistant Supervisor to Supervisor. Over the past 19 years I have had a lot of experience working with all age groups and was promoted to become Assistant Supervisor in July of 2008. I worked very

closely with Mary Soundy (Manager of Operations and Development) who has mentored me to become the leader I am today. I have presented many workshops to Alpha's educators, to ensure they continue to grow and develop.

On June 29<sup>th</sup>, 2015 I became the Supervisor of the Cathedral location and I continue to enjoy working with all the families here. I thought organizing a centre with 129 children was a challenge but working at Cathedral was more of challenge, a very positive challenge as I am a very grateful for the Cathedral educators who have taught me the "ins" and



"outs". I continue to look forward to meeting all of our new families and continue to work with our existing families.

During my spare time I love to sit under the sun and read novels, relax with my husband Mitch and my Pitbull, Shady. I also love to relax in the back yard with family and friends and enjoy a BBQ. I often go for nature walks and enjoy the outdoors, especially playing volleyball.

If you have any questions, concerns or if you would just like to chat, my door is always open.

Until next time,  
**Patricia Andrade RECE**  
patriciaa@alphachildcare.ca

## Nancy Burgos

Hi everyone, welcome back to another year at Alpha for 2019/2020. My name is Nancy Burgos. I've been with Alpha Child Care for 10 years now and I have had the privilege to be part of many of the classrooms here. This year I am a float within the childcare centre which still gives me the opportunity to interact and

be with all the children.

Some things I enjoy doing is spending time with my family, especially with my three grandchildren Marcelo, Gaby and Mateo. I also enjoy reading books and listening to music.

I look forward to this new school

year to interact with all the children at Alpha.

Welcome back everyone.  
**Nancy Burgos, Assistant**

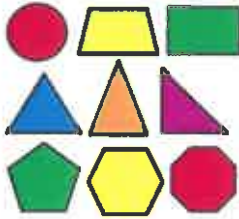


## Junior Toddlers

Hello Jr. Toddler parents! We hope you all had a great summer! We are excited to have some new faces join our Alpha family. We would like to welcome Nolan and James to the Jr. Toddler classroom. For the upcoming year the educators in the Jr. Toddler classroom will be Manpreet and Sarmini.

As we welcome our Jr. Toddlers we will ask that they bring in a photo of their families for the family tree in our classroom.

We invite parents to look at our Program Plan that is posted



outside the classroom to see what the educators have planned each week. The program plan is always based on the children's interest and focuses on developing their

skills in all areas of the classroom. Some skills we will be focusing on learning colours, shapes, parts of the body, personal care, self-help skills, conflict resolution, fine and

gross motor skills.

As the year begins, please ensure your child at least 3 sets of spare clothes in their cubbies at all times. We ask you bring a

toothbrush and toothpaste and a water bottle which will be kept at the childcare, full support indoor and outdoor shoes, a sun hat, bottle of sunscreen and a light jacket. As the weather changes we will ask for new items to be brought.

If you have any other questions or concerns please don't hesitate to ask Manpreet, Sarmini or any of the Alpha family members.

Let's have a great year!

**Sarmini, RECE, Manpreet, RECE and Jr. Toddlers**

## Manpreet Bahra

Hi Alpha families, my name is Manpreet Bahra and I have been an registered Early Childhood Educator since 2011.

I began working at Alpha in July 2018 at the Peter Robertson location in Intermediate Toddler classroom. I transferred to the Cathedral Rd. location, in November 2018. I have worked with the children in all the different age groups and different work

environments. I am a mother of two children and you will find me working in Junior Toddler classroom with Sarmini, this year.

I love to encourage their learning by following their interest and being their play partner during work time. I always search for different resources and loose parts to bring to my classroom to foster their learning in a fun way. I am looking forward to seeing and

exploring many more fun activities in our Junior Toddler classroom.

**Manpreet Bahra (RECE)**



## Sarmini Gunaratnaraiah

Hello Alpha families! My name is Sarmini and I will be one of the educators in the Jr. Toddler room. I am registered ECE and I started at Alpha in February 2018 and have been working in the



Sr. Preschool room, also known as "the big room".

I graduated from Sheridan College in 2013 and started my first job at a daycare named Precious Jewels. I worked there for 4 years with Toddlers most of my time and with the Preschoolers. As they closed down I moved on and came to Alpha. I am enjoying my time here with all my co-workers, children

and Alpha families.

I enjoy shopping and going out with my family and friends. I look forward to spending time with your child and rest of my time at Alpha. Please feel free to ask me questions or any concern you have.

**Sarmini Gunaratnaraiah RECE**

## Senior Toddlers

Welcome to the Senior Toddler room. This year Kulvinder will be working with the Senior Toddlers.



Our Senior Toddlers will be working on their self-help skills, which includes dressing/undressing independently, putting their belongings in their cubbies, personal body care, and attempt to use the toilet.

As well, we will be learning about shapes, colours, numbers and develop their fine motor skills. One of the most important skills is speech and language to express their emotions and needs. Through our Second Step Social

Program Senior Toddlers will be encouraged to solve problems and label their emotions.

Parents who are new to Alpha we request that all you child's belongings be labeled. That way they can be return to your child's cubby in case belongings are misplaced. Also, we recommend packing an extra change of clothing in case your child's clothes get wet or dirty.

Please keep in mind when purchasing clothing for your child, they should be easy for a child to put on. For example, boots or shoes with velcro straps that have

a wide opening are easier for children to put on, unlike shoes with laces or a high top.

We will be planning many activities around Thanksgiving and Halloween. During Halloween, we have a costume party where we travel to each classroom for a "Trick or Treat!" Please be sure to label your child's costume.

If you have any questions or concerns, please feel free to ask us. Happy Thanksgiving and have a Spook-tacular Halloween!

Until next time,  
**Kulvinder, RECE and the Senior Toddlers!**

## Kulvinder Singh

Welcome to the months of September/October. My name is Kulvinder K Singh. I am a RECE, graduated from the ECE program at Sheridan collage in 2004 and joined Alpha October 2002 initially as a supply educator.

During my time with Alpha I worked with all age groups. This year I will be working with the Junior

Toddlers.

My time with in Alpha has an exciting and adventurous one, getting to know children, teaching important skills and having fun along the way.

**Kulvinder K Singh, RECE**



## Georgia Douglas

Hello! My name is Georgia Douglas. I am sixteen (16) years old and I am currently attending Cardinal Leger Secondary High School and heading into my last year. I am currently working at Alpha Child Care as a part-time Float or Custodian which means that I will be aiding all staff members who need help and I will also be cleaning and keeping the childcare up to standards which means, cleaning the washrooms, emptying the garbage and helping out with students from time to time. I started working at Alpha from September of 2017 when my

wonderful journey with everyone at Alpha began.

Alpha has been a wonderful place filled with a lot of excitement for me because I can sing, dance and have a lot of fun with everyone when I have some time on my hands, and its never a dull moment here. If for some reason other than me living in the moment, you hear someone singing or see them dancing I bet you that person is me because that's two of the few things I enjoy

doing along with riding my bike, playing sports and listening or playing music.

For the little time I spent at Alpha from 3:00 to 6:00 on weekdays, I have learned a lot from everyone at Alpha and even get to meet new people and new friends every day and it gives me a great understanding of how much Alpha is a community full and a family that I'm apart of.  
**Georgia Douglas, Assistant**



## Intermediate Toddlers

Welcome Intermediate Toddlers and families to the month of September and October. I hope everyone had a fun summer. We are excited to have some new faces here at Alpha as well as to welcome some of our Jr Toddlers who will continue with us in the Intermediate Toddler classroom.

The first week of September we will be welcoming our new friends and families. We ask that they bring a photo of their families for our family tree as this will be a great way to learn about each other. We will talk about our families during circle time.



The second week we will start with our programming that includes Handwriting Without Tears, Show N Share, Second Step Social Program and Jolly Phonics.

We will be having our Calendar circle and Academic circle every day. We will be discussing different topics in our Academic circle. Your child can bring a toy from home for Show N Share once a week. We will be posting the list of names and topics on the board beside the classroom.

As this year begins, please make

sure to bring a few items which will help your child feel comfortable and included. We ask you to bring a water bottle, a soft sleeping toy, a blanket to be used for rest time and a backpack with some extra clothes. When weather changes we will ask for new items to be bought for your child.

We are very excited to start fresh in September. If you have any other questions or concerns please don't hesitate to ask us. Let's have a great year together.

**Gagan, RECE, Jen A.,  
Assistant and Intermediate  
Toddlers**

## Gagandeep Kaur

Hello everyone, Welcome to the month of September and October. My name is Gagandeep Kaur and I am a registered Early Childhood Educator, I graduated from Sheridan College in 2013. I have been working with alpha since 2013 and have worked with all age groups. It's been an exciting and great experience each year.

I moved to Vancouver in 2016 and worked in Central City Junior Kindergarten for almost two years. I rejoined Alpha back in March 2018 and worked in Junior Toddler room and Junior Preschool room. This year I will be continuing to work in Intermediate

Toddler/Preschool room. I enjoy my time with children as getting to know them, watching them grow in different aspects. I enjoy shopping and going out with my family and friends. I am looking forward to another exciting year here at Alpha!

**Gagandeep Kaur, RECE**



## Jennifer Arruda

Hi, my name is Jennifer. I joined the Alpha family in January 2019 as a permanent supply staff. This position has given me the opportunity to get to know all of the children and staff in the centre.

I began my childcare career in 1990, right here at Alpha in the Preschool room. I worked here for approximately two years until I took time off to begin my own family. I then

worked at another centre for many years where I was able to experience all age groups from Toddlers to School Age.



I enjoy spending my days with the children, helping them to make new discoveries and to become independent and ready for big school. As a mom myself I know how important it is that children are happy and engaged

so I do my best to provide fun learning experiences for them.

This fall you can find me in your child's classroom at various times of the day, as I will be covering for the regular teachers when they are absent or on breaks. Please do not hesitate to come to me if I can be of assistance to you or your child. I am looking forward to a new school year and getting to know each of you better!

**Jennifer Arruda, Assistant**

## Special Events

**Monday September 2<sup>nd</sup>**, Alpha will be closed due to the Labour Day holiday. Our doors will open at 6:45am on **Tuesday September 3<sup>rd</sup>** and welcome everyone back to school and welcome all of our new families to the team.

To all School Age parents, a School Age contract has been given to you and we ask that you read, sign and return the contract to Patricia in the office to put in your child (s) file. Just a reminder a two week notice needs to be given to Patricia if your child will not be attending PA Days or Alpha will automatically assume your child will be attending and charge the necessary fees, as all trips have been pre-booked and paid in advance. There will be a PA Day for the Catholic School board **ONLY on Fri Sept 13<sup>th</sup>**, a PA Day for the Public School board **ONLY on Tues Sept 23<sup>rd</sup>** and a PA Day for both Public and Catholic School Boards on **Fri Oct 11<sup>th</sup>, 2019**. All trips are to be announced soon, please read the message board posted outside your child's class.

**Monday, September 16<sup>th</sup>**, Alpha will begin it's Winter Menu, starting with menu 1. Now that the cooler weather is slowly approaching, Melissa will be busy preparing warm wholesome meals for your child(ren). Our menus have been reviewed and approved by a registered nutritionist ensuring your child(ren) are eating healthy nutritious meals, meeting the Canada's Food Guidelines.

**Thursday, September 19<sup>th</sup>**, is Alpha's Annual Corn Roast from 4:30pm – 6:30pm in the back parking lot on the



grass area. Alpha will be serving Jumbo Hotdogs, Vegetarian Chilli, Chicken Dogs, Corn on the Cob, Popcorn, Water and Apple Juice. All monies raised will be going into Alpha's fundraiser account to purchase new fall/winter equipment for the children to enjoy. We hope to see everyone attend as this is a great opportunity to meet your child's educator's and for us to get to know all of you. Rain or shine the event will go on. In case of inclement weather, we can always bring the event indoors in the large upper hall.

CANADIAN BREAST CANCER FOUNDATION  
**CIBC RUN**  
for the CURE

**Sunday, October 6<sup>th</sup>** is the Run for the Cure at the Powerade Centre. Alicia, in the School Age Program, is our Team Captain for Alpha's Caring Hearts. A bunch of our educators will be collaborating with the Peter Robertson location and walk 5k or run 2k. Families are more than welcome to participate or donate money towards the Breast Cancer Foundation, as thousands of women are diagnosed yearly. If you have any further question please visit Alicia, your Team Captain for further details.

**Wednesday, October 9<sup>th</sup>** at 11:30am, Alpha will enjoy a Thanksgiving luncheon, with the children and educators. Melissa will be busy preparing a delicious

turkey with potatoes, salad, bread/biscuits, cranberry sauce, stuffing and much more. We all look forward to sitting together as a small family and enjoy a scrumptious lunch!  
**Monday October 14<sup>th</sup>** Alpha will be closed for

Thanksgiving. We wish you all a wonderful long weekend getting stuffed and spending quality time with your family.

**Thursday, October 17<sup>th</sup>** will be our first Parent Advisory Committee meeting of the school year from 6:30pm – 7:30. A big thank you to all the parents who joined the committee and shared their valuable input. It was a great success! As children graduated over the year, we are in need of more parent representatives, preferably 2 parents from each classroom. Please see Patricia for further details regarding this committee. Sitting on the team allows you to get first dips as to what is happening at Alpha and in the child care field. It allows you to be advocates for other parents and voice any concerns or it gives you an opportunity to share new ideas to help improve the centre!

We hope to have you join our team and continue to raise the bar at Alpha!



**Thursday, October 31<sup>st</sup>**, we are welcoming children to dress up in their costumes and enjoy themselves trick or

treating within the centre. We welcome treats, but please keep in mind that we are a **NUT FREE** centre and labels that read **MAY CONTAIN TRACES OF PEANUTS/TREE NUTS** are not to be permitted in the building due to life threatening allergies.

Until next time, I will keep you updated with future event dates!  
**Patricia Andrade, RECE Supervisor**

LIKE us on Facebook  
and visit our web site at  
[www.alphachildcare.ca](http://www.alphachildcare.ca)

## Senior Preschoolers

Hello families, welcome to the months of September and October! We hope everybody had a great summer and were able to take advantage of the beautiful weather we had.

We are excited to welcome some new faces to the Alpha family and would like to welcome back some of our younger preschoolers who will be with us for one more year. For the upcoming year, Prabhjot, Sam and Harman will be working in the Sr. Preschool room. We would like to wish Alicia and Sarmini all the best in their new classrooms!



As we welcome our new Preschoolers we ask that they bring in a family picture for our family tree. We will be introducing these pictures at our Show N Share circle the first week of September. We would also like to

ask our new families to ensure their child has at least 3 sets of weather appropriate spare clothes in their cubbies at all times. It is also important to label all of your child's belongings in case items get misplaced.

We will be starting our core programming which will include Hand Writing Without Tears, Second Step Social Program, Show N Share, and

Jolly Phonics. We will be posting on our bulletin board the weekly program plan, upcoming events, and Show N Share calendar with the assigned date for your child to bring in an item from home that starts with a letter of the alphabet or a certain colour. This is an opportunity for your child to learn to be patient and heard in a group setting. We ask our parents to refer to the bulletin board daily for any educator changes or important information.

We would like to end off by letting parents know to feel free to address us with any questions or concerns they may have at any time. Our door is always open!

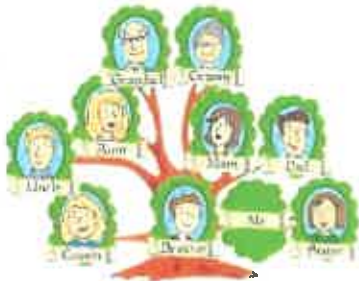
**Sam RECE, Prabhjot RECE, Harman RECE and the Sr. Preschoolers**

## Samantha Smolsky

Hello Alpha families, welcome to the months of September and October! My name is Sam and I am a registered Early Childhood Educator. I began working in the Jr. Toddler room since I started at Alpha in January of 2018. This year I will be working in the Sr. Preschool room, although I will miss

working with the little ones I am looking forward to a new challenge.

I graduated from Sheridan College in 2012 and began working in child care the following year.



Before coming to Alpha I previously worked at Precious Jewels Daycare and Lullaboo Nursery and Childcare Center. In my spare time I enjoy spending time with friends and family, visiting my cottage and spending time outdoors.

I am looking forward to building relationships with new children and their families this year, let's have a great year!  
**Sam Smolsky RECE**



## Prabhjot Kaur

Hello! My name is Prabhjot Kaur and I am the RECE in the Senior Preschool classroom. I graduated from Sheridan college in 2016 and started working with Alpha Child Care in September 2018.

During this year I worked in Sr. Toddler and Junior Toddler room that has been a very exciting experience as I worked with such wonderful children, co-workers and

families. I look forward to learn more and grow my knowledge while teaching, playing and taking with children.

If you have any questions or concerns, please feel free to come ask me.  
**Prabhjot Kaur RECE**



## School Agers

September already! We hope everyone enjoyed their summer vacation and spent lots of time with their families enjoying the sunny days and warm summer nights. It's hard to believe that it's already time to go back to school and I'm sure there's mixed emotions. Some children are anxious to get back to see their friends and get back into the swing of things and I'm sure that there are also many children who are sad to see summer go.

We are very excited to start a new school year with the School Agers and would like to welcome all our new children entering the program who are also just beginning their new journey into Kindergarten. We (Alicia and Sydney) are very eager and excited to be working with the School Agers and have been brainstorming all summer how we can make the program fun and engaging for ALL the children. We have a very large group this year and the ages range from 4-12,

which is a very large age gap. In order to accommodate all the needs and interests of all the children, we are hoping to divide many aspects of the program and split up the younger children from the older children. We are still working on a schedule and hope that we can make this work.

We as educators feel that it is very important that we set rules and expectations as soon as possible and that we work as a team to enforce them consistently. Consistency is so important for all children and once we have set these rules, they will be posted so that everyone, including the parents are aware. Of course, we want the children to have fun and have the chance to learn through play-based programming and we have some great ideas and would like the children to share any ideas they have that can make the

program fun for them. We have thought about implementing clubs and/or committees such as a book club or even a podcast for those children who are tech savvy. If you or your child can think of anything, please let us know!

Just a few reminders... please ensure that your child has extra clothing to keep at Alpha as we do have water play daily and there also may be times that we get caught in the rain on our walk back to Alpha. Also, we have decided that we WILL NOT allow any toys from home to come into the classroom as this can create problems among the children. If your child has an electronic such as a tablet or phone, we ask that they either leave it at home or in their backpacks.

We are looking forward to the year ahead and hope the children are too!  
**Alicia, RECE, Sydney, RECE and the School Age Gang**



### Alicia Emond

My name is Alicia Emond and I am 28 years old. I am a very proud mother to my two beautiful children. My daughter Brooklynn is 8 years old and my son Brayden is 6 years old. Both attended Alpha before heading off to Kindergarten. I am married and my husband Alex is my biggest supporter, always encouraging me to be the absolute best version of myself.

I am very passionate about my career and truly love what I do. I always dreamed of being an educator as a young child and I am thrilled my dreams have become reality. I am SO fortunate to be part of the children's lives. They teach me something new everyday and there's no greater

feeling than seeing a child develop and grow more and more each day.

I have been with Alpha for 8 years. I started at our Peter Robertson location in 2011 and transferred to the Cathedral location in May 2017. As of September, I will be the new Assistant Supervisor and I am excited to learn all the ins and outs in the office as well as have the opportunity to engage with the wonderful families here at Alpha. I will also be working in the School Age Program. This is my first time working with School Age children and I am excited and eager to see what the new School Year will bring.

**Alicia Emond, RECE**



### Sydney Pereira

Hello families! My name is Sydney Pereira. Alicia and I will be the Registered Early Childhood Educators of the Before and After School program in September. This will be my first experience working a Before and After School program, so I am very excited for this opportunity. During the summer, I assisted in different classrooms.

In 2016, I graduated from the Early Childhood Education program from George Brown College. Earlier this year, I graduated from the Intensive Educational Support program from Sheridan College. I have over three years of work experience, as well as many placement experiences, both local and international, that I have completed during school. I am very passionate about this field and I hope to create a program that all School Agers will enjoy!

During my spare time, I enjoy spending time with my family and friends. I am new to Brampton and have been enjoying everything that this city has to offer. I am looking forward to the new school year and being part of the Alpha family!

**Sydney Pereira, RECE**



## Mary Soundy

My name is Mary Soundy and I am the Manager of Operations and Development for Alpha Child Care. My major responsibilities consist of strategic planning, staff training and quality control and the day to day operations of the Springdale location.

I received my Early Childhood Education diploma in 1978 from Sheridan College. I also received my B. A.

In psychology through continuing education in 2000 from York University. Since graduating from college I have taught in two other child care centres before joining Alpha in 1988. Alpha Child Care has given me many opportunities to grow and develop as I have advanced from teacher to supervisor to manager in the thirty-one years that I have been employed with the company. When first joining the Alpha team, I was the teacher/Supervisor at the Cathedral Road location until August 1996 at which time I transferred to the new Springdale location in which I supervise. In 2005 I also took on the role as Manager of the company.

These positions have led me to several different avenues within the field as I am involved with many of it's organizations. I have served as chair of the annual Trade Show for the Region of Peel. This entails organizing a



full day, in which vendors selling child care toys and equipment as well as other agencies associated with the child care field try to reach out to all child care centres to inform them of their purpose. I also attend the monthly SPRING meetings which keep everyone in the child care field a breast of the happenings within the Region. I am also a member of the Brampton Supervisory Networking Group that meets once every three months to discuss the challenges that supervisors face in the day to day operation of a child care centre. I also serve on the Raising the Bar Advisory Committee for the Region of Peel.

My philosophy is that each child is a unique individual and develops at their own pace. Next to health and safety, self esteem, social skills and having the confidence to handle any situation that may arise, are the most important aspects and the necessary components needed to build a solid foundation. It is with this foundation that the children contribute to society in a constructive manner. With good self esteem and social skills children will seek learning, will love to try new activities and will feel confident handling any challenges that come with learning in a multi-cultural world. Since each child

is unique and individual it is our responsibility as the Early Childhood Educators to provide and set up an interesting and exciting environment in which the children build on what they are already capable of doing and what interests the children. Therefore, the children are having fun, but learning without even knowing it, all of which is done within a caring, loving family atmosphere.

On a personal note I am married to a wonderful guy by the name of Brian, who most of you will see quite often around the day care as we firmly believe in supporting each other's careers. We have one daughter, Brianne, who is a 1990 Alpha graduate and a graduate from the E.C.E. program at Humber College. We all maintain a strong family relationship in the beautiful Heart Lake area.

I look forward to serving all the Alpha families. If you have any questions, concerns or want to share your great ideas with me, my door is always open. I can be reached at the Peter Robertson location 905-458-4884 or by email at marys@alphachildcare.ca. You can also leave a message with your supervisor and she would be more than happy to relay it to me.

*Mary Soundy, RECE, BA*



## Harmanpreet Kaur

Hello Alpha families! My name is Harmanpreet Kaur and I will be working as RECE in the Senior Preschool classroom. I graduated from Northern College in 2019. My journey with Alpha has been amazing, I started as placement student, then I worked as Supply Educator for few months and now I will work as RECE in the Senior Preschool classroom.

It has been a wonderful experience, as I have had the opportunity to work with all age groups. I enjoy working with children and its always great to see them grow and develop and to learn with them.

My husband

and I have been married for almost 3 years. I enjoy shopping, watching movies and going outing with him and my friends.

I look forward to getting know you and spend good time with your child and growing my knowledge while working.

*Harmanpreet Kaur, RECE*



**ALPHA CHILD CARE LTD.**

3 Cathedral Rd.  
Brampton, ON  
L6W 2P1  
Phone: 905-456-1811  
Email:  
patriciaa@alphachildcare.ca

Greetings from Alpha's Kitchen!!! My name is Melissa Attard and I'm happy to share that I am the Chef here at Alpha Child Care. I bring nearly 25 yrs of culinary experience with my career starting in 1997 with enrolment at George Brown College; Culinary Management. During that time I completed my co-op hrs at 360 Restaurant, CN Tower which later turned into 2yrs of seasonal employment. In the fall of 1998 I spent 18mos refining my skill with Massimo Capra at Mistura Restaurant, Yorkville.

Looking to broaden my culinary career within the Hotel Industry I accepted



As a mother of two young boys I know all too well that meal time can be somewhat troublesome. I am mindful while creating my menus

**Melissa Attard**

a position in the spring of 2000 at the Fairmont Royal York Hotel, Toronto. Working within the restaurants and other outlets was where I spent most of my time mastering recipes, enduring busy line service and building a strong camaraderie within the kitchen brigade.

It was the pinnacle of my life for many years and saw me through many of life's up's and down's. In realizing the shift in the needs of my young family I knew I had to make a hard decision to move on and the available opening within Alpha's Kitchen was absolute serendipity. I could not be happier spending the days with your children guiding them along with their love of food.

keeping in mind their developing pallets, equally I like to test some of those boundaries and expose the kids to new flavours and textures. The response has been overwhelmingly positive as I am serenaded with applause and screams when I come in with their lunch bins. As a Chef, there are no greater joys than feeding and nourishing others.

I have an open door policy, should you have any concerns regarding your child's dietary needs, please come and see me at any time!!!

Thank you to those who have supported me in this new role.  
Best Regards,  
**Chef Melissa, Chef**



**Christmas Holiday Schedule**

In doing our long-term planning for the year. Alpha will be using their floating holiday (as per the parent agreement) for 2020 for Friday, December 27, 2019. Alpha does not always use the floating holiday every year but with the way the Christmas holidays fall we will be closing on December 27th in order to give the educators some well-deserved extra time off. Alpha will be closed on Tuesday, December 24, 2019, (Christmas Eve) at 3:00pm, Wednesday, December 25, 2019 (Christmas Day), Thursday, December 26, 2019 (Boxing Day) and Friday, December 27 2019 (Floating Holiday). We will be open regular hours on Monday December 23, 2019. We will be closing Tuesday, December 31, 2019 at 3:00pm (New Year's Eve) and closed January 1, 2020 (New Year's Day). We will be open regular hours on Thursday, January 2 and Friday January 3, 2020. Please see me if there are any concerns with this schedule.

